Main Line HealthCare
Occupational & Travel Health

Locations

<table>
<thead>
<tr>
<th>Paoli Hospital</th>
<th>Lankenau Hospital</th>
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<tbody>
<tr>
<td>Paoli Pointe Medical Building</td>
<td>100 E. Lancaster Ave</td>
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<tr>
<td>11 Industrial Blvd., Suite 103</td>
<td>Medical Office Building South, Suite 317</td>
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<tr>
<td>Paoli, PA 19301</td>
<td>Wynnewood, PA 19096</td>
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<tr>
<td>Appointments: 484-565-1293</td>
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Paoli & Lankenau Clinic Hours: Monday – Friday 8:00 AM – 4:30 PM

Directions to Paoli Occupational and Travel Health Center
Go in the main driveway of Paoli Hospital. Follow it to the stop sign at the end, at which point you will see the main Hospital to in front of you to the left. Turn right at this stop sign and make a quick right into our parking lot, which is directly in front of the Paoli Pointe building.

Directions to Paoli Hospital
Paoli Hospital's physical address is 255 West Lancaster Ave, Paoli, PA 19301, which is located directly on Route 30. The hospital is approximately 1.5 miles west of Route 252 and less than a mile west of the Paoli train station. Coming from Paoli and Route 252, take Route 30 West. The hospital is on the right hand side of Route 30 west. The main entrance is marked by a large blue and white sign.

From Route 202 South:
Take Paoli / Route 252 South exit. Follow 252 South to Route 30. Make a right on Lancaster Avenue, Route 30 West. Follow Route 30 until you see the entrance of Paoli Hospital, which will be on your right (approximately 1.5 miles).

From Route 202 North:
Take Malvern / Route 29 South exit. Make a right onto Route 29 South. Follow to the end of the road and make a left onto Lancaster Avenue (Route 30) East. Follow Route 30 East until you see the entrance of Paoli Hospital, which will be on your left (approximately 1.2 miles).

From the Blue Route (I - 476):
Take the Blue Route to the Schuylkill Expressway (I- 76) West to Route 202 South then to Route 252 South. Proceed with above directions.

Public Transportation:
By train, take the R5 to the Paoli Station. At the station, you can pick up the Septa 105 bus on route 30. You can also pick up the Septa 105 bus at the 69th street terminal.
Directions to Lankenau Hospital Occupational Health Center

If Parking:
Enter Lankenau’s driveway and follow it around to the garage. Park in Garage B. Take the elevator to the ground floor. Walk through the breezeway (See note below!) and continue through the double doors to the small lobby. Pass the pharmacy on your right. The Information Desk is also on your right. On your left are the elevators. Take the elevator to the third floor. Walk straight down the hallway in front of you. We are the last suite on the right, Suite 317. The sign says Occupational and Employee Health Services.

NOTE: During the construction currently taking place at Lankenau, the breezeway may be closed. In this case, please follow the signs for the hospital entrance detour, and look for the temporary information setup inside that entrance and someone will direct you to our office. Thank you for your patience!

If Dropping off:
Enter Lankenau’s driveway and follow to the back of the hospital. Turn left at the second stop sign behind Garage B. Enter through the side door next to the garage, go through the breezeway and continue through the double doors to the small lobby. Pass the pharmacy and information desk on your right. On your left are the elevators. Take the elevator to the third floor. Walk straight down the hallway in front of you. We are the last suite on the right, Suite 317. The sign says Occupational and Employee Health Services.

Directions to Lankenau Hospital

Driving:
From the North: Take I-95 South to Philadelphia. Exit I-95 onto I-676/76 West in Philadelphia. Exit I-76 onto City Avenue, and turn right at the bottom of the ramp. Travel several miles South on Route 1 (City Line Avenue) to the intersection of Route 30 (Lancaster Avenue). Turn right onto Lancaster Avenue to the first traffic light. The hospital will be on your left.

From the South: Take I-95 North. Exit I-95 onto I-476 North. Exit I-476 at the Route 1 Exit. Follow Route 1 North several miles to Route 30 (Lancaster Avenue). Turn left on Route 30 (West) to first traffic light. The hospital will be on your left.

From the East/West: Take the Pennsylvania Turnpike to the Valley Forge Interchange (Exit 326). Exit onto I-76 East. Follow to Route 1 Exit (City Line Avenue). Exit South onto Route 1, follow for several miles to Route 30 (Lancaster Avenue). Turn right (West) onto Route 30 to first traffic light. The hospital will be on your left.

Public Transportation:
By Train: From Philadelphia’s 30th Street or Suburban Station, take SEPTA’s R5 “Paoli Local” to either Overbrook or Wynnewood. From Overbrook, it is a fifteen-minute walk up City Ave. to Lancaster, then west along Lancaster to the Hospital. From Wynnewood, it is possible to catch the 105 bus; ask a SEPTA official or look for the sign marking the stop in the parking lot across the street.

By Subway and Bus: Take the Market-Frankford Elevated line to the 69th Street terminal, and transfer to the 105 bus to Lankenau. The SEPTA G bus, which serves major portions of the city, also stops at Lankenau.

From the Airport:
A SEPTA train runs from the Philadelphia International Airport to 30th Street Station.
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Map of Paoli & Lankenau Hospital Areas

Map not to scale.